

2025

Handbook



wealth
accounting
lending



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Introduction

Welcome to the Lakers 2025 handbook. This will provide seniors, juniors, and families with our policies, codes of conduct, and key information for season 2025.

The hard work over the preseason has been done, and now our players and coaches are ready to perform.

Big thanks to our major sponsors PPT Financial and Accounting and The Red Lion Bar and Café for their continued loyal support and Ballarat Isuzu who are once again our ground sponsor. To all our other sponsors, we say a huge thank you for sticking with us.

We welcome those new to the club and wish you a long stay at the Lakers.

After forming in 1995 we are now a significant community sports club in our 30th year comprising 34 teams and over 600 players representing our club.

Here's to a successful 2025.

Michael Taylor
President

Lakers AFL Players

The Lake Wendouree Football Netball Club has been a very successful club over a short time frame, with the following players drafted to AFL clubs. We are proud to have produced so many AFL players.



Steve Clifton - GWS



James Walker - Fremantle



Jordan Roughead – Western Bulldogs/Collingwood



Brynn Weadon – Rookie Geelong



Daniel Butler – Richmond / St Kilda



Sam Butler - Hawthorn



Kai Lohmann - Brisbane

Lakers AFLW Players



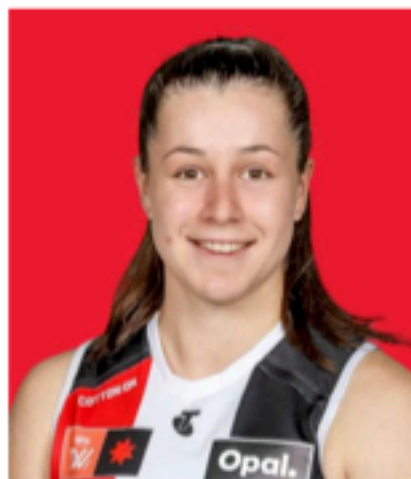
Jordi Ivey – Geelong



Sophie Molan – Richmond



Renee Saulitis – St Kilda



Ella Friend – St Kilda



Claire Mahony – North Melbourne

Our Vision

“ONE CLUB”

WE ARE UNITED AND CONNECTED

Our Mission

Create - “LAKERS 4 LIFE”

Connect – all levels

DEVELOP RETAIN SUSTAIN

Our Purpose

Build strong connections between all netball and football levels.

Develop our players and our people.

A club where everyone belongs.

Respect.

****To demonstrate our commitment to our ONE CLUB strategy we will supply junior families with a ONE CLUB family card which will allow a junior family free entry to any Lakers senior home fixture.

Social requirements

- Attend clubrooms for after-match function at all home & away games
 - Attend all social functions (if you choose to drink, do so responsibly).
 - Get to know *ALL* the members of our club. Show interest.
 - Invite your sponsor and families along to games and club events.
 - Contribute to your club: volunteer for a job – don't wait to be asked, clean up, join working bee's,
 - Attend Clubrooms for a hot meal after training on Thursday nights.
-

Club canteen

All Players and/or Families are required to support the club by working in the canteen during home games. There is an expectation that if Players are unable to attend, they arrange a teammate or family member to attend on their behalf.

A roster will be put in place.

Dress code

Represent the Lakers with pride:

- Players must wear club apparel on match days. This is compulsory. No exceptions.
-

Illegal/Illicit drugs

The LWFNC abides by the Ballarat Football Netball League's Illegal Drug Policy. In brief, the possession, use, distribution or selling of illegal or performance enhancing drugs for any purposes on club premises or at any function or activity organized by the club is prohibited.

- In the case of an incident involving an illegal drug, the initial actions and responses will focus on the safety and welfare of those directly and indirectly involved. All responses and actions will reflect the club's duty of care to members and visitors.
- The club will investigate all apparent or alleged breaches of this policy and determine a course of action after all relevant facts and circumstances are known.
- The club may refer a member who is involved in illegal drug use to a medical or health service for assistance or, if the club deems it necessary in the circumstances, to the police.
- The jurisdiction extends to the club premises and activities organized by or for the club at any venue.
- Penalties may include suspension, expulsion from the Club and Police reporting.
- This policy applies to all members, employees, supporters and visitors of the Club.
- If the Club is aware that a member is supplying illegal drugs to other members, we will notify Crime Stoppers of this activity. In the case of apparent or alleged illegal drug use, the club may report a person to, or seek the advice of the police.

Respect of club & facilities

LWFNC take great pride in its Club, grounds and facilities and ask that respect and care be taken at all time. All club members are requested to help maintain and care for the environment we use from week to week.

Any witness to **Graffiti/Vandalism/Damage** should report to the President, and code of conduct penalties will apply (e.g., repair and pay for damage, suspension, etc.) if a member of our club is involved.

Smoking policy

By law, smoking and vaping is banned within 10 metres (about two car lengths) of any public outdoor sporting venue during an organised under-18s event.

The ban includes training or practice sessions for an organised under-age sporting event, and breaks or intervals during the course of the event, training or practice session.

The ban also applies to outdoor drinking areas located within 10 metres of an outdoor sporting venue during an organised under-age sporting event or training session.

<https://www.health.vic.gov.au/tobacco-reform/under-age-sporting-events-smoke-free-and-vape-free>

Player membership and registration

The Ballarat Football Netball League (BFNL) requires all players to complete Registrations before the start of each season.

For Club **memberships fees**, we are using the following:

"TICKETHOST" for Seniors
"PLAYHQ" – Juniors/Women's football

Player registration

For all player BFNL registrations, we are using the following:

ALL FOOTBALLERS (Senior & Junior)	Play HQ
ALL NETBALLERS (Senior & Junior)	VNA

Senior player Membership Fees

Footy Seniors:		
Seniors & Reserves	\$	395.00
Under 18.5s'	\$	290.00

Womens Football:

Seniors	\$	295.00
Youth	\$	270.00
Under 12s	\$	100.00

Netball:

Netball (senior grades)	\$	250.00
Netball (Under 19's)	\$	195.00

Note: ** Victorian Netball Association (VNA) Registration is required to be paid (\$90 senior) for the year by all netballers. VNA is payable unless previously paid for the 2025 year in another competition.

Junior player Membership Fees

One Junior Footballer	\$270.00
One Junior Netballer	\$200.00
Under 8 Footballer	\$80.00
Under 9 Netballer	\$80.00

In 2025, Lakers Juniors Families are offered a discount for registrations, as explained on our PlayHQ site. U 8 and 9 players have a flat fee of \$80 and do not apply for the family discount, due to their already minimal fee.

Additional information

Junior footballers register and pay membership via Play HQ. Junior netballers register VNA through Netball Connect (\$70) AND pay club memberships fees via Tickethost. When registering your child/children, you must select the amount that applies to your family, as calculated by yourself to suit your circumstances. If you have any questions in regard to the new fee structure, please reach out to committee members for clarification. Jill James 0418 130 332 Shaun Holloway 0418 121 225

Sponsorship packages

Our club consists of 30-plus competing football and netball teams. That's over 600 players. Add to these numbers our families and supporters, and we have a huge club.

We have put together sponsorship packages and ask all our players to support "YOUR" club. Clubs rely on sponsorship revenue to survive so please play your part and lock in your player sponsor. Vin Armstrong will answer any queries you have.

Sponsor categories are as follows:

FOOTBALL/NETBALL PLAYER SPONSORSHIP (\$200 plus GST)

- Free entry to all senior home games
- Invitation to the Sponsors Lunch or Ladies day function – your choice
- Advertising on our Lakers Website
- Advertising on scoreboard during Lakers home games

Social memberships – go to this link - <https://linktr.ee/lakersfnc>

\$80 plus GST – includes entry to home games

Past player membership - <https://linktr.ee/lakersfnc>

\$50 plus GST – includes entry to home games

500 CLUB – talk to David Henderson 0438 512 557

Entry to various social events and regular member cash draws

General sponsorship packages

Silver package – \$1.250 plus GS

- 1x ground sign supplied by the club
- 2x Free entry to all senior home games
- 2x tickets to Lakers Ball
- 2x tickets to sponsors lunch
- Advertising on our Lakers Website
- Advertising on scoreboard during Lakers home games

Bronze – \$600 plus GST

- 1x ground sign at sponsor's expense
- 1x Free entry to all senior home games
- 2x tickets to Lakers Ball
- 2x tickets to sponsors lunch
- Advertising on our Lakers Website
- Advertising on scoreboard during Lakers home games

We also have various general sponsorship options for local business which offer great value.

2025 key contacts

Seniors

Senior club President:	Michael Taylor lakerspresident@outlook.com	0408 379 149
Vice President	Lochie Dodd	0417 164 407
Secretary:	Julie Maher lakerssecretary@outlook.com	0434 474 441
Treasurer:	Michael Britt lakersacctts@outlook.com	0400 074 761
Sponsorship:	Vin Armstrong	0417 243 558
Head Trainer:	Geoff Hunter	0407 323 338
OHS coordinator:	Peter Maher	0439260 386
Senior Football Coach:	Rohan Brown	0427 834 324
Reserves Football Coach:	Callum McKay	0458 359 889
Under 18.5s Football Coach:	Andrew Donnellon	0455 331 106
ONE CLUB coordinator:	Ricky Cummins	0418 503 234

Senior Women's Football Coach: Mark Kinnane 0409 000 577
Women's football Co-Ordinator: Renae Kinnane 0459 198 210
A Grade Netball Coach: Courtney McLean 0435 411 480
Netball coach mentor juniors: Mel Allen 0409 234 973
Netball Co-Ordinator Seniors: Lucy Loader 0417 561 830

Juniors

Junior Football President: Shaun Holloway 0418 121 225
Netball Co-Ordinator Juniors: Jill James 0418 130 332
Junior Football Co-Ordinator: Glenn Warland 0457 783 930
Junior Secretary: Leesa Gilbert 0401 629 502
Child safety Officer: Vikki Dekker
 email: vicki.dekker@outlook.com
 phone: 0438 037 703

2025 FIXTURE

ROUND 1 SATURDAY APRIL 5TH BELMONT V BELLY WILMANT V NEERILGANT WOODLEIGH V LAKESIDE EAST POINT V SINGAPORE	ROUND 5 SATURDAY MAY 17TH INDIGENOUS ROUND SINGAPORE V BELLY WOODLEIGH V WILMANT NEERILGANT V BELMONT LAKESIDE V EAST POINT EAST POINT V BELMONT	ROUND 9 SATURDAY JUNE 28TH BELLY V BELMONT WOODLEIGH V WILMANT SINGAPORE V EAST POINT NEERILGANT V BELMONT	ROUND 13 SATURDAY AUGUST 9TH BELLY V SINGAPORE WILMANT V WOODLEIGH BELMONT V NEERILGANT EAST POINT V LAKESIDE
ROUND 2 SATURDAY APRIL 12TH WELLNESS ROUND BELLY V SINGAPORE NEERILGANT V WOODLEIGH BELMONT V EAST POINT LAKESIDE V WILMANT SINGAPORE V WILMANT	ROUND 6 SATURDAY MAY 24TH INDIGENOUS ROUND BELLY V NEERILGANT BELMONT V WOODLEIGH NEERILGANT V LAKESIDE SINGAPORE V SINGAPORE WILMANT V EAST POINT	ROUND 10 SATURDAY JULY 5TH BYE SATURDAY JULY 12TH EAST POINT V SINGAPORE WOODLEIGH V BELMONT BELLY V BELLY NEERILGANT V NEERILGANT LAKESIDE V SINGAPORE	ROUND 14 SATURDAY AUGUST 16TH EAST POINT V BELLY WOODLEIGH V SINGAPORE BELMONT V NEERILGANT BELLY V WILMANT
ROUND 3 FRIDAY APRIL 18TH GOOD FRIDAY WOODLEIGH V EAST POINT SINGAPORE V NEERILGANT	ROUND 7 SATURDAY MAY 31ST INDIGENOUS ROUND BELLY V NEERILGANT BELMONT V WOODLEIGH NEERILGANT V LAKESIDE SINGAPORE V SINGAPORE WILMANT V EAST POINT	ROUND 11 SATURDAY JULY 19TH WILMANT V LAKESIDE NEERILGANT V EAST POINT BELLY V BELLY NEERILGANT V SINGAPORE WOODLEIGH V SINGAPORE	ROUND 15 SATURDAY AUGUST 23RD SINGAPORE V WOODLEIGH BELLY V NEERILGANT SINGAPORE V BELLY WILMANT V NEERILGANT LAKESIDE V EAST POINT
ROUND 4 FRIDAY APRIL 25TH ANZAC DAY LAKESIDE V BELMONT SATURDAY APRIL 26TH EAST POINT V NEERILGANT WOODLEIGH V BELLY SINGAPORE V NEERILGANT SINGAPORE V NEERILGANT	ROUND 8 SATURDAY MAY 31ST BYE SATURDAY JUNE 7TH KINGS BROTHERLY BYE SATURDAY JUNE 14TH BELLY V EAST POINT SINGAPORE V WOODLEIGH SINGAPORE V BELMONT LAKESIDE V NEERILGANT WILMANT V BELMONT	ROUND 12 SATURDAY JULY 26TH WILMANT V LAKESIDE NEERILGANT V EAST POINT BELLY V BELLY NEERILGANT V SINGAPORE WOODLEIGH V SINGAPORE	FINALS WEEK 1 SATURDAY AUGUST 30TH SUNDAY AUGUST 31ST WEEK 2 SATURDAY SEPTEMBER 6TH SUNDAY SEPTEMBER 7TH WEEK 3 SATURDAY SEPTEMBER 13TH WEEK 4 SATURDAY SEPTEMBER 20TH
ROUND 5 SATURDAY MAY 31ST SINGAPORE V EAST POINT WOODLEIGH V BELLY BELMONT V NEERILGANT WILMANT V SINGAPORE	ROUND 9 SATURDAY JUNE 28TH SINGAPORE V BELLY WOODLEIGH V NEERILGANT EAST POINT V BELMONT BELLY V LAKESIDE WILMANT V SINGAPORE	ROUND 13 SATURDAY AUGUST 23RD SMOKE ROUND NEERILGANT V BELLY WOODLEIGH V BELMONT SINGAPORE V SINGAPORE EAST POINT V BELLY	1 - FORMAL FINALS 2 - REGULAR FINALS

Junior fixture

Where do I find the junior Fixture?



Teamapp on the Fixtures/Results/Ladders tab also on the link below.

<https://www.bfnl.com.au/news-archive/1473-2025-junior-fixture-released>

Underage eligibility

Competition	Date of Birth	Age	Born Between
Under 18.5	Born between 1 July and 31 December 2006	18.5	July 1 2006 and December 31 2008
	Born between 1 January and 31 December 2007	18	
	Born between 1 January and December 2008	17	
Under 16	Born between 1 January and 31 December 2009	16	January 1 2009 and December 31 2010
	Born between 1 January and 31 December 2010	15	
Under 14	Born between 1 January and 31 December 2011	14	January 1 2011 and December 31 2012
	Born between 1 January and December 2012	13	
Under 12	Born between 1 January and 31 December 2013	12	January 1 2013 and December 31 2014
	Born between 1 January and 31 December 2014	11	
Under 10	Born between 1 January and 31 December 2015	10	January 1 2015 and December 31 2016
	Born between 1 January and 31 December 2016	9	
Under 8	Born between 1 January and 31 December 2017	8	January 1 2017 and April 30 2018
	Born between 1 January and 30 April 2018	7	

The Ballarat Football & Netball League enforces a player cap per Junior age group to help clubs evenly distribute players across teams.

- All Junior football grades, from Under 8 to Under 16, have a cap of 50 players per age group.
- A Club may only exceed the 50-player cap if they have more than 50 players reregistering from the previous season. Players not registered with the Club in the prior year are subject to the cap.

BFLW Fixture

OPENING ROUND

Saturday 22nd March - Marty Busch

11am - Bacchus Marsh v East Point
12:55pm - Lake Wendouree v Carisbrook
2:20pm - Redan v Darley

ROUND 1

Sunday 30th March

11:15am - Darley v Lake Wendouree (Darley HUB)
12:45pm - Carisbrook v Bacchus Marsh (Mars)
12:45pm - Redan v East Point (Western Oval)

ROUND 2

Sunday 6th April - 12:45pm

Bacchus Marsh v Lake Wendouree (Maddingly Park)
East Point v Darley (White Flat)
Carisbrook v Redan (Carisbrook)

ROUND 3

Wellness Round

Sunday 13th April - 12:45pm

East Point v Lake Wendouree (Eastern Oval)
Redan v Bacchus Marsh (Western Oval)
Darley v Carisbrook (Darley HUB)

ROUND 4

Sat 26th April - 4:50pm (Night Game)

Darley v Bacchus Marsh (Maddingly Park)

Sun 27th April - 12:45pm
East Point v Carisbrook (White Flat)
Lake Wendouree v Redan (CE Brown)

ROUND 5

Sunday 4th May - 12:45pm

East Point v Bacchus Marsh (White Flat)
Carisbrook v Lake Wendouree (Carisbrook)
Darley v Redan (Darley HUB)

ROUND 6

Sunday 11th May

11:15am - Lake Wendouree v Darley (CE Brown)
12:45pm - Bacchus Marsh v Carisbrook (Maddingly Park)
12:45pm - East Point v Redan (Eastern Oval)

ROUND 7

Indigenous Round

Sunday 18th May - 12:45pm

Lake Wendouree v East Point (CE Brown 2)
Bacchus Marsh v Redan (Maddingly Park)
Carisbrook v Darley (Carisbrook)

ROUND 8

Indigenous Round

Sunday 25th May - 12:45pm

11:15am - Darley v Bacchus Marsh (Darley HUB)
Redan v Lake Wendouree (Western Oval)
East Point v Carisbrook (White Flat)

ROUND 9

Sunday 1st June - 12:45pm

Lake Wendouree v Bacchus Marsh (CE Brown)
Darley v East Point (Darley HUB)
Redan v Carisbrook (Western Oval)

ROUND 10

Sat 14th June - 1pm

Redan v Darley (City Oval)

Sunday 15th June

11:15am - Bacchus Marsh v East Point (Darley HUB)
12:45pm - Lake Wendouree v Carisbrook (Northern Oval 2)

ROUND 11

Sat 21st June - 11am

Darley v Lake Wendouree (Darley HUB)

Sun 22nd June - 12:45pm

Carisbrook v Bacchus Marsh (Carisbrook)
East Point v Redan (White Flat)

ROUND 12

Sunday 29th June - 12:45pm

East Point v Lake Wendouree (Eastern Oval)
Redan v Bacchus Marsh (Western Oval)
Darley v Carisbrook (Darley HUB)

ROUND 13

Sunday 6th July - 12:45pm

Bacchus Marsh v Lake Wendouree (Maddingly Park)
East Point v Darley (White Flat)
Redan v Carisbrook (Western Oval)

ROUND 14

Friday 18th July - 7pm (Night Game)

Darley v Bacchus Marsh (Darley Park)

Sunday 20th July - 12:45pm

Carisbrook v East Point (Carisbrook)
Lake Wendouree v Redan (CE Brown 2)

ROUND 15

Sunday 27th July - 12:45pm

Bacchus Marsh v East Point (Darley HUB)
Lake Wendouree v Carisbrook (CE Brown)
Redan v Darley (Western Oval)

Finals Series Top 5

Week 1

Sunday 3rd August

Week 2

Sunday 10th August

Week 3

Sunday 17th August

Week 4

Sunday 24th August

Interchange players

Senior Competition

Clubs are allowed a maximum of twenty-two (22) players to be listed on the team sheet and eligible to participate in any given match.

Reserve and Under 18.5 Competitions

Clubs are allowed a maximum of twenty-two (22) players to be listed on the team sheet and eligible to participate in any given match, except in the case below

Reserve and Under 18.5 Competitions - Extended Bench

If both Clubs have 25 players available for a match, teams may choose to extend their bench by up to three (3) additional players, bringing the total number of players on the team sheet to 25. The extension of the bench must be mutually agreed upon by both Coaches. Once agreement is reached, confirmation must be emailed to the Football Manager by Friday 8.00pm, the week of the fixtured match.

It is the responsibility of the Clubs to initiate communication with one another to reach an agreement. If no agreement is reached between the Coaches, the game will proceed with no more than 22 players listed on the team sheet.

Junior Competitions – Seniors

For Under 8, Under 10, Under 12, Under 14 and Under 16 Senior competitions, Clubs are allowed up to six (6) interchange players per side.

Junior Competitions – Reserves

For Under 8, Under 10, Under 12, Under 14 and Under 16 Junior competitions, Clubs are allowed unlimited interchange players.

Minimum Numbers to Constitute a Game

For all football competitions (excluding senior, under 8, and under 10 reserve competitions), the following rules apply:

A) eligible to play for points: a club with twelve (12) or more players (registered or borrowed) is eligible to play for points. This includes recording the score, percentage, best players, and goal kickers.

B) loaned players: if a club lends players to another and the game proceeds with twelve (12) or more players per side, the rules in point (a) apply. 11 general bylaws of the ballarat football netball league adopted on 20/02/2025

C) forfeiting points: a club with eleven (11) or fewer players forfeits the game. Both teams are encouraged to play with available players, and the size of the field can be adjusted if needed.

D) assisting opposition: clubs must assist their opposition to field at least twelve (12) players where possible.

E) equal numbers for borrowed players: if a club lends players, both teams must have the same number of players to proceed. If there is an odd number, the team with more registered players may play an extra..

F) points split: if both teams cannot field twelve (12) players, points will be split. The game may still proceed, but score, percentage, and goal kickers will not be recorded.

G) bye round assistance: the team with a bye must assist other clubs by providing as many players as possible.

H) best & fairest eligibility: borrowed players cannot receive best & fairest votes, and goals kicked by them do not count towards league awards.

I) lending players for even numbers: if a team has fewer than eighteen (18) players, the opposition must lend players to ensure both sides have equal numbers. No players should remain on the bench.

Officials in Bench Area

Only authorised persons may enter the playing arena during a match. Match Day Officials must remain within the marked area around the interchange box.

- Senior Clubs: Up to four (4) officials (including Coach, Assistant Coach, etc.) are allowed within the marked interchange box area.

- Junior Clubs: A maximum of one (1) Coach and one (1) Assistant Coach is permitted.

Both Junior and Senior Clubs may have up to:

- 2 Runners
- 6 Trainers and/or Water Carriers

Water Carriers must be a minimum of 12 years of age. All Water Carriers are to wear uniforms as approved by the BFNL at the commencement of each season. Water Carrier tops must be a light blue shirt and carry the Club name and the words 'Water Carrier'.

Clubs may have a maximum of two (2) Runners. Should a Club use two runners, strictly only one Runner is permitted on the playing surface at a time. If two Runners are found to be on the ground simultaneously, the Umpire will pay a free kick against the offending team. 26.3 Runner Uniform All Runners are to wear uniforms as approved by the BFNL at the commencement of each season. Runner tops must be fluorescent pink and carry the Club name and the word 'Runner'.

All officials, except Trainers and Water Carriers, must remain seated in the coach's box or within its marked perimeter during play. If no lines are marked, they must stay within the coach's box. If space is insufficient, or no box is provided, additional officials should remain outside the boundary line.

Trainers and Water Carriers can move around the ground but must position themselves against the fence, not on the boundary line when at rest.

All Trainers are to wear uniforms as approved by the BFNL at the commencement of each season. Trainer tops must carry the Club name and the word 'Trainer'.

Unauthorized personnel must be removed by the umpire. Clubs wishing to authorise additional officials must apply to the League before Friday 5:00pm of the week of the scheduled match. For Junior football, the head Coach must always wear the league-approved coach's vest during the game for easy identification by the umpires. If there are joint coaches, both must wear the approved vest.

Personal property

The club takes security seriously, but due to the overwhelming numbers of players, supporters & parents attending matches, the club will not be liable for any loss of personal property left in the changing rooms or other locations within the match precinct. Therefore, you are asked not to leave valuables, such as mobile phones, or cash in your bags during your games.

Everyone can assist with the prevention of theft by reporting suspicious behaviour.

Lost property

Any property located after the day's competition will be collected & retained by the club. If you have lost property, please check the **lost and found** containers or contact the coordinator.

We recommend **naming all your items**.
Items not claimed at seasons end will be donated.

Volunteers

We remind parents and players that we are a club that is **run by volunteers** and there is an expectation that you will contribute to the running of the club. We ask each family/player to volunteer your time during the year to assist with the many duties that are required around the club.

Volunteer tasks are not difficult, and parents will be provided with tools and support. If ALL families contribute, then we won't be reliant on a small group of volunteers doing all the work.

Please see committee members or Football and Netball coordinators regarding assistance with these roles if needed.

We won't always get it right, so please respect our volunteers and the fact that all our decisions are in the best interests of the club.

Match & Team Officials

Whilst the club promotes families to participate and contribute by being involved in our club, it is important that only those *volunteers* who are registered on Play HQ as a "team" or "match" officials be allowed within the fence line of the playing field during matches.

Parents and spectators must NOT be in, or near the coach's box during the match as this can be a distraction or worse, be seen as interference, which can lead to unrest and conflict.

It is also requested that parents and spectators please limit their involvement with players during matches, breaks and intervals, other than supportive comments (from a distance). Leave it to the coaches to do their job.

Medical

All Players will need to supply the Club with any relevant medical information such as asthma, allergies, medicines, etc. by completing the relevant section on the Registration.

If you require an asthma puffer or an Epi-Pen etc it is your (or your parents) responsibility to have this at both training and games, and where necessary, is given and explained to the Team Trainer with clear instructions, prior to the beginning of training or games.

We are here to help you with any health challenges, whether physical or mental, so please reach out.

All information will be kept in the strictest of confidence and used for medical emergencies only.

Trainers & insurance

The Club highly recommends that ALL Players have their own Private Health Insurance and Ambulance cover. Although the club is insured under the AFL National Risk Protection Program, it is a limited insurance cover and as such, we highly recommend that you have insurance through a private health fund and take out income protection particularly if you are self-employed. Our insurance covers 75% of the total non-medicare costs to a maximum of \$2500 per claim. Therefore, families and individuals are responsible for all out-of-pocket expenses, NOT the club.

Death & Capital Benefits	Quadriplegia / Paraplegia	Non-Medicare Medical
Maximum \$150,000 (\$30,000 U/18)	Maximum \$1,000,000	75% reimbursement \$2,500 max. per claim \$75 excess per claim

Emergency Medical Transport Services are not free. (Medical out of pocket expense can be approximately \$1,200.00 for an ambulance ride from Lakers oval to Ballarat Base Hospital, plus other medical costs potentially reaching thousands of dollars).

We have qualified trainers in attendance for all football and netball matches. All injuries must be reported as they occur, particularly concussion with reference to the Management of Sport-Related Concussion Guidelines

We also have a defibrillator in the event of an extreme emergency.

If the trainer indicates that a player is either:

- a) NOT fit to re-enter the field or netball court; or
- b) Needs to be taken to hospital by ambulance,

their decision is final, they will NOT be influenced by a parent or coach, and we ask you to both support and respect their informed decision.

Our club will also strictly follow the concussion guidelines which can be found on the AFL website. Be aware that under the new rules, a player who has been assessed as concussed cannot return to the playing field for 21 days from the date of the incident. A staged training and rehab program is also to be followed.

Our club also has a senior sponsorship deal with Sovereign Radiology(refer below) in the event of injury. This will save costs and be very beneficial.

Sovereign Radiology

Sponsorship 2025 & Negotiated Fee Schedule - Senior players only

Modern, state-of-the-art premises in Howitt St, Wendouree, Albert St, Sebastopol and Merz St, Lucas provide the following services:

X-Ray, OPG, DEXA, CT, MRI, Ultrasound, Echocardiography, Interventional Radiology & Pain Management.

All Medicare Eligible scans referred by a General Practitioner or Specialist will be bulk billed. Some scans will incur an out-of-pocket fee; however, these will be at a reduced rate, as per the negotiated fee schedule below.

All prices will be quoted to players at the time of booking.

More information regarding Medicare eligibility can be found on our website.

For all senior football and netball players, we have a specially negotiated fee schedule:

- All X-Ray, Dental OPG, Standard CT Scan's and Ultrasound Procedures will be bulk billed.
- Interventional Radiology and Pain Management (cortisone injections, PRP injections) will be available at the concession rate.
- Non-Medicare eligible MRI Scans will be capped at \$260 for up to 2 contiguous regions.

A referral from your doctor or health care referrer is required for all scans.

please advise our staff if you are a senior player from Lake Wendouree Football Netball Club. If you are seeking urgent appointments or information regarding appointment scheduling, reports or imaging, please get players or their referrer to reach out to Nic O' Brien on 0456 474217.

Dental on Errard - mouthguards

- Will provide any verified players a 20% discount. Prices start from \$140 and are determined by colour, increasing with more colour options.
- Payment can then be made at the appointment. They accept all private health funds
- To verify players have memberships with our club, they must present their player HQ receipts that state their club and name for the 2025 season.

Equipment, playing apparel

Playing uniform: All registered players will be provided a Lake Wendouree Football Jumper/Uniform. You are responsible for cleaning, maintaining and returning to the club at the end of the season.

Please Note: Failure to return a Jumper at the end of the season will result in the need to pay for replacing the item. Players will be unable to be re-registered or cleared whilst any items are outstanding. These items remain the property of the LWFNC.

Equipment such as netballs and footballs must be returned at the completion of matches and training.

Mouthguards are vital when it comes to protecting teeth during contact sports. It is highly recommended for players to wear a mouth guard in all football matches. Compulsory for juniors.

Jewellery of any description must not be worn whilst playing. Body piercing must be removed and cannot be covered by tape.

Merchandise

Below are our apparel options which must be purchased online via our club link through Loco sportswear below. Merchandise Orders are open on the 1st of every month and close on the 7th of the month for custom merchandise. You will be reminded via Team App on how to order. Orders will then be delivered to you directly.

<https://linktr.ee/lakersfnc>

Training times & venues

All players are expected to attend and participate fully in all training sessions. The exceptions are if you are injured or have other commitments. However, some type of training can usually be undertaken when you are injured, be it fitness or ball work.

It is also accepted that other commitments such as work, school homework must be given priority. Having said this, your attendance and conduct at training are always important considerations when it comes to team selection. Use respective football and netball online contact groups to advise if you are unable to make training. If no contact is made, your place within the team may be jeopardized.

FOOTBALL (SENIORS):

Senior Football	Tuesdays & Thursdays	6pm
Reserves Football	Tuesdays & Thursdays	6pm
Under 19s	Tuesdays & Thursdays	5:30pm

Venue: Lake Wendouree Football Netball Club

Netball seniors

All Senior Netball	Thursday nights	From 6:00pm – 8pm staggered times per grade
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Venue: Lake Wendouree Football Netball Club

Football juniors

Under 8s Friday night from 2nd May
Under 10s Wednesday 4,45pm to 5,45pm
Under 12s Wednesday 4.45 pm to 5.45 pm
Under 14s Tues/Thurs 4.45 pm to 5.45 pm
Under 16s Tues /Thurs 4.30 pm to 6.00 pm

Netball juniors

Under 9s Friday night
Under 11s Thursday 4,45pm to 5,45pm
Under 13s Wednesday 4.30 pm to 5.45 pm
Under 15s Thursday 4.15 pm to 5.15 pm
Under 17s Wednesday 4.45pm to 5.45 pm

At Lakers

Game starting times

Senior football

Age group	game start
Seniors	2:00 pm
Reserves	11.55 am
Under 19's	10.00 am

Senior netball

Age group

A Grade	game start 2.30pm
B Grade	1.15pm
C Grade	12:00pm
D Grade	11.00am
E Grade	10:00am
Under 19's	9:00am

Women's football

Seniors	game starts - Sundays 12.45 pm
Under 19 girls	11.15am
Under 16 girls	9.45am
Under 14 girls	8.30am
Under 12 girls	TBC

Junior footy

Under 8s	game start - Sundays Fridays
Under 10Reserves	8.00 am
Under 10Seniors	8.00 am
Under 12 Reserves	8.55 am
Under 12 Seniors	9.55 am
Under 14 Reserves	11.00 am
Under 14 Seniors	12.15 pm
Under 16 Reserves	1.35 pm
Under 16 Seniors	3.15 pm

JUNIOR Netball

Under 9s	Friday nights – Ballarat High school
	Sundays
Under 11 Reserves	8.00 am
Under 11 Seniors	9.00 am
Under 13 Reserves	10.00 am
Under 13 Seniors	11.00 am
Under 15 Reserves	12.00 pm
Under 15 Seniors	1.00 pm
Under 17 Reserves	2.00 pm
Under 17 Seniors	3.00 pm

NOTE: dual gate games, evening games, changes in venue or draw by BFL, can occasionally mean venues will be subject to change. Coaches will advise arrival times for each grade.

Players/Families will be advised by their coaches and/or Team Managers of these time changes and these will be posted as early as possible on TEAM APPs, Facebook, Instagram and our Website.

Game day requirements

Football players MUST have the following before they can take the field:

1. Your correct football jumper (your number) which is expected to be clean.
2. A suitable fitting mouthguard.
3. Football boots. (These **MUST** be clean for every match).
4. Correct football shorts:
 - a. All "Home" matches wear Blue shorts.
 - b. All "Away" matches wear "white" shorts except juniors.
5. Correct football socks – blue green yellow
6. Players may wear undergarments, such as "Skins" on the following conditions :
 - The under garments are skin colour.
 - If they aren't skin colour, then the under garment should not be seen under the football uniform, including the vee neck.
 - Under **NO** circumstances can players wear coloured T Shirts under their jumpers.

Netball players MUST have the following before they can take the court;

1. Lakers netball uniform which is expected to be clean
2. Suitable runners
3. If the BFNL decide that the weather is bad enough, girls can wear a navy T-shirt or long shirt under their dress. No other colour is permitted.
4. Short briefs per league rules – color black
5. Hair tied up neatly.
6. Lakers socks

Junior footy Shorts

Juniors do not wear white shorts. Full Lakers Uniform for every game.

Club shorts and socks must be purchased through Loco Sportswear. We do not hold stock of shorts or socks so it is up to players to order their uniform as required. We recommend that parents are generous with the sizes of the shorts when ordering.

Orders for shorts and socks can be made any time.

Juniors what to Bring To Each Game?

Mouth Guard For Footy (no game without it)

Drink Bottle

Full Lakers Uniform

Footy Boots

A Great Attitude

Junior netball

Lakers Dresses to be Purchased for \$40.00 from the Club and can be exchanged for sizes as Juniors grow. Junior Netball Competition - Considered part of uniform, long sleeve white tops can be worn underneath the uniform of any Junior age group. White socks with Lakers Logo or plain white socks with no logos. Black undershorts.

For the 11 and 9 & under competitions, players may wear black leggings underneath their uniform.

Game day venues

Note: You should allow 1 hour travelling time for away matches at Darley, Bacchus Marsh and an additional 20 mins for Melton and 30 mins for Sunbury

If you require assistance in travelling to these grounds, please speak with your respective coach or team manager for carpooling arrangements.

Social calendar

All upcoming social events and functions will be advertised via our Facebook Page and other socials.

<p>R 1 AWAY V B'MARSH Saturday April 5th</p> <p>R 2 HOME V MELTON Saturday 12th April</p> <p>R 3 HOME V BALLARAT Friday 23th April</p> <p>R 4 HOME V DARLEY Saturday 3rd May</p> <p>R 5 AWAY V SEBAS Saturday 10th May</p> <p>R 6 HOME V SUNBURY Saturday 17th May</p> <p>R 7 AWAY V NTH BALLARAT Saturday 24th May</p> <p>R 8 AWAY V EAST POINT Saturday 31st May</p> <p>R 9 HOME V REDAN Saturday 14th June</p> <p>R 10 AWAY V MELTON Saturday 21st June</p> <p>R 11 HOME V B'MARSH Saturday 28th June</p> <p>R 12 HOME V SEBAS Saturday 12th July</p> <p>R 13 AWAY V BALLARAT Saturday 19th July</p> <p>R 14 AWAY V DARLEY Saturday 26th July</p> <p>R 15 HOME V NTH BALLARAT Saturday 2nd August</p> <p>R 16 AWAY V SUNBURY Saturday 9th August</p> <p>R 17 AWAY V REDAN Saturday 16th August</p> <p>R 18 HOME V EAST POINT Saturday 23rd August</p>	<p>ANZAC DAY Duel Gate SPONSORS DAY</p> <p>ANNUAL BALL Indigenous Round Indigenous Round</p> <p>AUCTION</p> <p>30 YEAR REUNION</p> <p>RMCH ROUND</p> <p>LADIES DAY</p> <p>MAJOR RAFFLE - Sunday</p>	<div style="text-align: center;"> <h2 style="margin: 0;">Fixture & Social Calendar 2025</h2> </div> <p style="text-align: center;">Pre-Season Dates</p> <ul style="list-style-type: none"> • One Club Launch - Mon 17th March • Practice Match Learmonth - Wednesday 5th March 6pm • Practice match v Port Fairy at Derrinalum- Saturday 15th March <p style="text-align: center; margin-top: 20px;">FINALS DATES</p> <p>Week 1 - 30th & 31st Aug Week 2 - 6th & 7th Sept Week 3 - 13th September</p> <p style="text-align: center; margin-top: 10px;">Grand Final 20th September</p> <div style="text-align: center; margin: 10px 0;">  </div> <p style="text-align: center;">More Details to follow Closer to Events - stay tuned!!</p>
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Our club has a strong social culture that we are proud of and, with this comes certain expectations –

- “The player” must always conduct themselves in a professional manner off the field and will not act in a manner which brings the name of “the club” into disrepute. Appropriate behaviour is to be always displayed in and around the clubrooms and any venue that “the club” is hosting a function, as well as sponsors venues.
- “The club” reserves the right to impose fines, suspensions or other penalties as it sees fit, should this occur.
- Lake Wendouree FNC is a responsible server of alcohol in accordance with current VCGLR regulations. If in the opinion of the committee or bar manager “the player” has consumed too much alcohol, then any committee member reserves the right to ask “the player” to refrain from consuming alcohol or leave the premises or grounds of “the club”
- No illegal or illicit drugs are permitted - refer to the policy in this booklet
- We encourage juniors to attend all our social functions to reinforce our ONE club strategy

CODES OF CONDUCT

Senior and junior coaches' code of conduct

This coaches code of conduct is to be read in conjunction with section 5 of the National Community Football Policy Handbook.

In addition to the obligations under the National Community Football Policy Handbook, a Coach must:

- (a) be Accredited;
- (b) be reasonable in the demands made on the time commitments of Players, having regard to their health and well-being;
- (c) be considerate of the varying maturity and levels of ability of Players when designing practice schedules and practice activities;
- (d) if coaching Junior Players, use best endeavours to ensure that Players gain equal playing time in Matches; Return to Table of Contents 41
- (e) always monitor and ensure the health and safety of Players;
- (f) seek and follow the advice of appropriately qualified health specialists in relation to the participation of injured or ill Players provided that, where such advice is that a Player is fit to play but that advice is inconsistent with any restrictions in this Policy Handbook on the participation of injured or ill Players, the restrictions in this Policy Handbook must be complied with;
- (g) keep up to date with the principles of coaching, skill development and requirements of Accreditation;
- (h) display and foster appropriate sporting behaviour, including using best endeavours to procure that Players comply with their obligations under this Policy Handbook;
- (i) display and foster respect for Football Officials, opponents, parents and spectators; and (j) ensure that Players are involved in a positive environment where skill learning and development are a focus

Senior players code of conduct

1. At all times abide by the rules of the League in which you compete and the club for which you play. Rules of the game are mutual agreements which no player should evade or break.
2. Never argue with an official or umpire. If you disagree, have your captain, coach or manager approach the official during a break or after the competition. Do not assault or attempt to assault an Umpire, another player, officials or spectators.
3. Control your temper. Verbal or physical abuse of officials, umpires, spectators or other players, deliberately distracting or provoking an opponent is not acceptable or permitted.
4. Ensure that both on and off field behaviour is consistent with the principles of good sportsmanship. Swearing is not acceptable.
5. Do not abuse, dispute or react in an obviously provocative or disappointing manner towards an Umpire.
6. Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player. Conduct yourself at a high level of personal behaviour on and off the field in such a manner so as not to bring your club or the game of Australian Football into disrepute.
7. Co-operate with your coach and team mates, and respect the ability of your opponent. Without them there would be no game.
8. Always show respect for Umpires and respect decisions made even if you do not agree with the outcome.
9. Develop a respect for the League in which you compete, your club, team mates and opponents.
10. Avoid use of derogatory language based on gender or race. Respect the rights, dignity and worth of all participants regardless of the gender, ability, cultural background or religion.
11. Agree to abide by your League's policies as listed on the website and in the information booklet and operations manual.
12. Do not take part in any form of bullying including via the use of social media. For more information they should see their state, league or national Member Protection Policy.
13. Be willing to be involved in local football development and promotional activities.
14. Be prepared to be responsible for your actions.

Junior players code of conduct

1. Abide by the rules of the game and rules set down by your coach, club and league.
2. Never argue with an official or umpire. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
3. Control your temper. Verbal or physical abuse of officials, umpires, spectators or other players, deliberately distracting or provoking an opponent is not acceptable or permitted.
4. Work equally hard for yourself and your team. Your team's performance will benefit, so will you.

5. Be a good sport. Applaud all good plays whether they be by your team, opponent or the other team. Be proud to walk off the ground after each game knowing that you have given your best effort and never involve yourself in an argument with opposing players, umpires or officials
6. Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player. Your involvement to play is for fun and enjoyment and that winning is only part of it.
7. Co-operate with your coach and team mates, and respect the ability of your opponent. Without them there would be no game.
8. Play for the 'fun of it' and not just to please parents and coaches. 9. Avoid use of derogatory language based on gender or race.

Spectators' code of conduct (senior)

1. Do not be critical of others in their roles within the club either as players or officials. Always be supportive and mindful of those around you.
2. Focus upon the individual's efforts and performance rather than the overall outcome of the event. This assists the individual in setting realistic goals related to their ability by reducing the emphasis on winning.
3. Encourage honest efforts and make it as important as victory so that the result of each game is accepted without undue disappointment.
4. Encourage others always to play by the rules.
5. Never ridicule or yell at others for making a mistake or losing a competition.
6. Remember those you are supporting should be involved in Football/Netball for their enjoyment, not yours.
7. Remember others learn best by example. Applaud good play by both your team and by members of the opposing team.
8. If you disagree with an official or umpire raise the issue through the appropriate channels rather than questioning the official's judgment and honesty in public. Remember, most officials give their time and effort for the involvement of others.
9. Support all efforts to remove verbal and physical abuse from sporting activities.
10. Recognise the value and importance of volunteer coaches and officials. They give their time and resources to provide recreational activities for your club members and deserve your support.
11. Support your club officials in maintaining the highest standard of behaviour both on and off the field for the betterment of the league and your family. Offer your assistance to the team that you support so that every opportunity is being provided for the very best supervision and support. Your involvement will give both yourself and your club far more satisfaction.
12. Avoid use of derogatory language based on gender or race. Respect the rights, dignity and worth of all participants regardless of the gender, ability, cultural background or religion.

13. Agree to abide by your League's policies as listed on the website and in the information booklet and operations manual.
14. Do not take part in any form of bullying including via the use of social media. For more information they should see their state, league or national Member Protection Policy.
15. Be prepared to be responsible for your actions

Parents and spectators code of conduct (junior)

1. Encourage children to participate if they are interested. However, if a child is not willing do not force them
 2. Focus upon the child's efforts and performance rather than the overall outcome of the event. This assists the child in setting realistic goals related to their ability by reducing the emphasis on winning.
 3. Teach your child that honest effort is as important as victory so that the result of each game is accepted without undue disappointment.
 4. Encourage your child always to play by the rules
 5. Never ridicule or yell at your child for making a mistake or losing a competition.
 6. Remember your child should be involved in football for their enjoyment, not yours.
 7. Remember your child learns best by example. Applaud good play by both your team and opposition.
 8. If you disagree with an official or umpire raise the issue through the appropriate channels rather than questioning the official's judgment and honesty in public. Remember, most officials give their time and effort for your child's involvement
 9. Support all efforts to remove verbal and physical abuse from sporting activities.
 10. Recognise the value and importance of volunteer coaches. They give of their time and resources to provide recreational activities for your child and deserve your support.
 11. Support your club officials in maintaining the highest standard of behaviour both on and off the field for the betterment of the league and your family. Offer your assistance to the team that your child is playing in so that every opportunity is being provided for the very best supervision and support. Your involvement will give both yourself and your child far more satisfaction
 12. Avoid use of derogatory language based on gender or race.
 13. Promote all activities to make your clubs a child safe environment.
-

Anti discrimination and vilification policy

LWFNC expects all our players, members, supporters, committee and volunteers to never participate in any anti discriminatory or vilifying behaviors. Failure to do so will result in penalties handed down by the committee that may include behavioral training, suspension or removal from the club.

Anti-Discrimination

In Australia, it is unlawful to discriminate on the basis of a number of protected attributes including age, disability, race, sex, intersex status, gender identity and sexual orientation in certain areas of public life, including education and employment.

Behaviour that is likely to be racial or religious vilification

Behaviour that could be vilification includes:

- speaking about a person's race or religion in a way that could make other people hate or ridicule them
- publishing claims that a racial or religious group is involved in serious crimes without any proof
- repeated and serious spoken or physical abuse about the race or religion of another person
- encouraging violence against people who belong to a particular race or religion, or damaging their property
- encouraging people to hate a racial or religious group using flyers, stickers, posters, a speech or publication, or websites, email or social media.

Social media policy

Recognizing the increasing use of social media for broader and instant communication the Lake Wendouree Football Netball Club (LWFNC) requires all players and members to adhere to the Social Media Policy described herein.

In relation to this Social Media Policy, Lakers would like to make it very clear to its players, coaches, officials and club members, that you are responsible for your statements and actions unless written approval has been granted by the club to make comment on a matter.

In addition, the Lakers would remind its players, officials, club members and supporters that Social Networking postings often unwittingly enter the public domain thus leading to broader civil proceedings where other parties are offended or distressed by inappropriate content.

This Policy is to be read in conjunction with the AFL Vic Cyber Safety Policy, where this club policy does not address a specific issue it is superseded by the AFL Vic Cyber Safety Policy.

Before using Social Media, the AFL encourages all Persons to ask themselves the following questions:

- (i) Am I revealing any sensitive or confidential information?
- (ii) Would I want my Coach, team, family or friends to see this?
- (iii) Will I regret my actions?
- (iv) Could this negatively impact the reputation of the AFL, other Controlling Body or a Club?
- (v) Could this be seen as inappropriate, discriminatory, defamatory or in breach of any laws?

Behavioral standards on Social Media

When using Social Media, a Person must:

- (a) respect the privacy of others;
- (b) ensure that content published is factually accurate;

- (c) be polite and respectful with others; and
- (d) adhere to the terms of use of the relevant Social Media, as well as copyright, privacy, defamation, contempt of court, discrimination, harassment and other applicable laws.

Prohibited conduct on Social Media

When using Social Media, a Person must not:

- (a) post or engage (e.g. like, comment, share, forward) material that's offensive, obscene, disparaging, defamatory, threatening, harassment, bullying, discriminatory, homophobic, hateful, racist, sexist, infringes copyright, constitutes a contempt of court, breach suppression order, or is otherwise unlawful;
 - (b) talk negatively about a Controlling Body, its employees, its competitors, corporate partners, broadcast partners, sponsors, or customers/fans or any other related organisation;
 - (c) represent a personal view as that of a Controlling Body;
 - (d) bring a Controlling Body's brand and reputation into disrepute;
 - (e) post or release any Controlling Body information or material (including images or video) prior to its official launch or announcement by the Controlling Body in the public domain;
 - (f) plagiarise or breach copyright of another person;
 - (g) access, download or transmit any kind of sexually explicit material (including child pornography), violent and/or graphic images (without medical purpose);
 - (h) access, download or transmit information on the use and construction of weapons, explosives and/or other tools of violence or terrorism;
 - (i) breach the reasonable expectation of privacy of a person; or (j) access to the computing resources of a Controlling Body without the prior consent of the Controlling Body
-

Grievance/complaints procedure

From time to time, there may be grievances.

We won't always get it right.

It is expected that the respective people involved have made a genuine and reasonable attempt to address the issue at a personal level. Where possible, less serious complaints should be resolved informally at the level they occur.

Our club will adhere to the following steps-

Complaint handling principles

Our handling of complaints will be fair, just, and transparent.

We will apply the following principles:

- **Treat** complaints seriously
- **Act** promptly
- **Treat** people fairly and listen to both sides of the story
- **Stay** neutral

- **Keep** parties to the complaint informed
 - **Try to Maintain** confidentiality if possible
 - **Protect** against victimisation
 - **Keep** accurate records
 - **Make** decisions based only on information gathered not personal views
 - **Disciplinary** action will be relative to the breach
-

Child safety

What is a Child Safety Officer?

- The Child Safety Officer role is a volunteer role appointed by the Club Committee.
- The role serves as the first point of contact for club community members and others who have concerns about a child or young person within the club and provide advice and support to assist that person with making a report.
- The Child Safety Officer will champion the safeguarding message and work with the Committee to practically implement the policies and procedures.

Creating safe sporting environments for children and young people requires a commitment from all involved at the Lake Wendouree Football & Netball Club. As a Club, we promote a safe, inclusive and friendly environment for all children and young people. We have zero tolerance to mistreatment and abuse of children and young people.

We encourage all of our members to model safe behaviours (online and in person) with children and young people and have a Safeguarding Policy and Code of Conduct all members must abide by.

Our Club has a dedicated Child Safeguarding Officer (CSO) who acts as the first point of contact for all safeguarding matters. The CSO helps the Club understand their obligations to protect children and young people and promote their rights. They also help members to report complaints, concerns and incidents to the Club, Committee, or the AFL for appropriate action.

If you have concerns about your safety, or the safety of a child or young person at Lakers or have seen or heard something that just doesn't feel right, please speak to the CSO, or another trusted adult at the Club.

If you believe a child is in immediate danger, please contact 000.

CSO: Vicki Dekker
email: vicki.dekker@outlook.com
phone: 0438 037 703

Junior parents' key information

Communication

All communication will be through our preferred method using the Stack Team App.

Your Team Manager and Coach will communicate all important information via this channel.

As your first point of call, please see your Team Manager or Coach. Let's avoid large group chat messages on Team App (your team chat is fine) as they interrupt the day of all members even if it's not relevant for them. The main purpose of Team App is to get important information out to members. Anything that sounds like people chatting in a coffee shop needs to be sent by some other means.

What Do My Parents Have To Do?

Help with Canteen, BBQ or around the Grounds / Courts. Get them to check with your Team Manager to see what they can help with. Parents don't need to know anything about football or netball in order to help. There are plenty of jobs to be done in order to make your game happen.

Complaints Process

We ask that before Parents put in a complaint about something they are unhappy with, they walk away, think about it overnight and then put the complaint in writing to lakersjuniors@hotmail.com. You will be contacted by the co-ordinator to discuss.

With netball you have 48 hours to put in a complaint, otherwise you are unable to do so.

Speaking to your coach

Should you have a query about game time or other issues, we request that you make an appointment to see your team manager. This should not be on game day with a minimum of 24 hours' notice to allow everyone to collect their thoughts and calmly work through any issues.

Photos and Social Media Posts for Sunday Night Round Up

If you have any quality photos every week, please send them through to our Lakers Messenger following your game. They will be featured in our Sunday Night Round Up Posts. Please limit how many you send to only a few quality photos per age group / team.

Major club sponsors

We would like to thank all our sponsors for their support for the 2024 season. Without their help we would be unable to take the field week in and week out.

2025 Joint Major Sponsors – PPT & Red Lion



2025 Ground Naming Right Sponsor - Ballarat Isuzu



CLUB SONG



**Oh we're from Lakerland
A fighting fury
We're from Lakerland
In any weather you will see us with a grin
Risking head and shin
If we're behind then never mind
We'll fight and fight and win
Oh we're from Lakerland
We never weaken 'til the final siren's gone
Like the Lakers of old
We're strong and we're bold
Oh we're from Laker
Blue, Green and Gold
Oh we're from Lakerland!!**