



# News from the Lakers!



## NEWSLETTER 1: 12 APRIL 2016

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Welcome to Season 2016 to all players, families, volunteers and supporters. The newsletter will be distributed each week via Team App, Lakers website: [www.lwfc.com.au](http://www.lwfc.com.au) and will be also be emailed. If you don't receive the newsletter via email, please send through your email address to [lakersjuniors@hotmail.com.au](mailto:lakersjuniors@hotmail.com.au) so you can be put on the mailing list.

The Junior Committee would like to take this opportunity to thank all of this year's players, parents, extended families, coaches, officials and other volunteers for the work already put into the preparation of the 2016 season.

## Lightning Premiership

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Enormous congratulations to all players that participated in the Lightning Premiership over the weekend and to the coaches and volunteers for their hard work and time. A fantastic result for Lakers in both football and netball with a win in the U/14 Football and the U/15 netball and also a great effort from our Youth Girls side that made the Grand Final and only went down by 7 points.



More photos from the U/14 Football Lightning Premiership can be located on the Website under 'Juniors', 2016 photos.

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# Milestone Games this week

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Congratulations to the following junior players who play milestone games this coming round:

**100 games:** Fletcher Brennan (U/16.5 Football)

**50 games:** Zac Andrews (U/14 Football)

**50 games:** Jayde McSparron (U/15 Netball)

## Team Captains

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Captains and Vice Captains for the 2016 seasons are as follows. Well done to these boys and girls who were voted in by their peers and coaches for displaying the Lakers values and showing great leadership on and off the court.

### FOOTBALL:

U/10 Captain will rotate each week

U/12 Captains: Jake Ashmore and Daniel Cassidy

U/14 Captains: Cooper Bath and Max McIntosh

U/16.5 Captains: Callum McKay and Joel O'Connell

Vice-Captain: Jordy Clark

### NETBALL:

U/11 Captain will rotate each week

U/13 Captain: Demi Thompson

Vice-Captain: Ryley Bath

U/15 Captain: Tessa Canny

Vice-Captain: Darcy McMickan

U/17 Captain: Eva Gillett

Vice-Captain: Olivia Loader

**\*\*\* CHANGE to Jumper/Dress presentation  
and Welcome Night. \*\*\***

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Due to numbers and physical space, along with the Lightning Premiership and Practise matches being this weekend, the "Jumper/Dress presentation and Welcome Night" has now been separated into TWO NIGHTS. Please note that players will be required to attend their allocated evening on the night to be given their jumper/dresses and will be providing with important information about the year and the club.

**U/10 and U/12 FOOTBALL AND YOUTH GIRLS:** Wednesday 13<sup>th</sup> of April at 5.30 at the Lakers Club Rooms. Pizza and drinks available.

**U/14, U/16.5 FOOTBALL AND ALL NETBALL:** Thursday 14<sup>th</sup> of April at 5.30 at the Lakers Club Rooms. Pizza and drinks available.

# Communication

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It is essential that families are able to access the latest information about what is happening at the club and any changes on a regular basis. The best ways to do this are by adding our “Team App” to your smartphone, ‘liking’ us on Facebook checking our website ([www.lwfc.com.au](http://www.lwfc.com.au)) and ensuring that we have an email address we can forward newsletters and other important information to. It is easiest to email us at [lakersjuniors@hotmail.com.au](mailto:lakersjuniors@hotmail.com.au) if you have questions or queries and we will respond as soon as possible, or call one of the relevant people whose contact details you will find on the webpage.

## \*\* TEAM APP \*\*

Download the TEAM APP for your smartphone - when downloading be sure to choose our Lakers Juniors logo when installing. Circled here in red...



This is a quick and easy way for the club to pass on important pieces of news like changes to game times, training and social functions.

## \*\* FACEBOOK \*\*

We have a new Juniors Facebook page “Lakers Juniors”, so please search for “Lakers Juniors:” and keep up to date with news and photos.

# Merchandise

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There is a range of “Lakers” merchandise available for sale through the club, including ‘hoodies’, tracksuit pants, coats, skins and much more. You can either order or pay for merchandise orders through Tickethost:

1. Go to [www.tickethost.com.au](http://www.tickethost.com.au)
2. Select “Buy tickets”
3. Find Lake Wendouree Football Netball Club – Merchandise
4. Select “Find tickets”
5. Follow the process to order and pay for what you require

Alternatively, the “Merchandise shop” will be open on a variety of nights, which we will advise you of each week where you can call in and try things on and purchase items. The Merchandise Shop will be open this Thursday night, 7<sup>th</sup> April from 5.30 and both nights of the Welcome/Jumper & Dress presentation nights – next Wednesday and Thursday from 5.30.



# Round 1 – V's Redan At Home Sunday

This week we meet Redan at home to kick off the season. Below are the starting times for both football and netball. These may change throughout the season when we have things such as "Dual Gate" games or we are able to utilise 2 netball courts at the same time. Notification of any changes to starting times will be provided via the newsletter and via coaches and Team Managers.

Please note that the Senior Women's team will be playing on oval No. 2 on Sunday at 12 noon – please support them while you are around.



## JUNIOR RUNNING SHEET 2016



Junior Football				
Grade	Start Time	Ground	Quarters	Breaks
U16.5 Senior	3:10pm	Full	4 x 20min No time on	3min – 5min – 3min
U16.5 Reserve	1:35pm	Full	4 x 20min No time on	2min – 4min – 2min
U14 Senior	12:20pm	Full	4 x 15min No time on	2min – 4min – 2min
U14 Reserve	11:05am	Full	4 x 15min No time on	2min – 4min – 2min
U12 Senior	9:50am	Full	4 x 15min No time on	2min – 4min – 2min
U12 Reserve	8:55am	Full	4 x 10min No time on	2min – 2min – 2min
U10 Senior	8:00am	Half	4 x 10min No time on	2min – 2min – 2min
U10 Reserve	8:00am	Quarter	4 x 10min No time on	2min – 2min – 2min
U10 Development	8:00am	Quarter	4 x 10min No time on	2min – 2min – 2min

Junior Netball				
Grade	Start Time	Court	Quarters	Breaks
17 & Under Senior	3:00pm	Full	4 x 12min	2min - 4min - 2min
17 & Under Reserve	2:00pm	Full	4 x 12min	2min - 4min - 2min
15 & Under Senior	1:00pm	Full	4 x 10min	2min - 4min - 2min
15 & Under Reserve	12:00pm	Full	4 x 10min	2min - 4min - 2min
13 & Under Senior	11:00am	Full	4 x 10min	2min - 4min - 2min
13 & Under Reserve	10:00am	Full	4 x 10min	2min - 4min - 2min
11 & Under Senior	9:00am	Full	4 x 10min	2min - 4min - 2min
11 & Under Reserve	8:00am	Full	4 x 10min	2min - 4min - 2min

## U/16.5 Training Camp

Thank you and congratulations to 'Jock' and the team who organised a hugely successful training camp for the U/16.5 footballers in Torquay during the school holidays. The camp was full of hard training, important information, leadership discussions and finished with an interclub practise match. The boys all reported that they had a great time and it was a fantastic opportunity to bond with their team mates and the volunteers involved with this age group.

Photos of the camp can be found on the website under Juniors, Photos 2016, U/16.5 Training Camp.



# Auskick

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Auskick begins this Friday night at Lakers Ground from 6.30 to 8.00pm and participants will be provided with their 'packs' on the night. Any queries please contact Nathan Reid on 0407 811 196.

## Care Monkey

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As you know we take your health and safety very seriously. As such we are adopting a new health and safety application named CareMonkey.

CareMonkey is an innovative participant controlled electronic medical form for clubs and other groups with a duty of care. It's an electronic version of the paper based forms you often have to fill in for registrations, events etc. It provides you with the opportunity to update medical information promptly and accurately, while providing the club with instant access to the information provided by you in an emergency.

We will be using the CareMonkey app in the best interest of all of our participants whilst ensuring we are proactively fulfilling our risk management and duty of care obligations.

You can use a PC, laptop, tablet or smart-phone to enter the details including:

- emergency contacts
- medical contacts
- medical checklist including asthma, allergies, seizures, diabetes
- health and ambulance insurance details
- notes and other care instructions
- and more...

We will send you an email invitation from the CareMonkey system inviting you to enter your details in an electronic medical form.

By following the instructions you can create your own free CareMonkey account and control all data about yourself and your children. The CareMonkey system stores the information on your behalf and you will be able to grant (or deny) access to your data with our organisation. You are also able to share this data with any other group or individual you choose (eg. Your parents, spouse, family members, close friends, workplace, etc).

From our organisation's perspective, this information will only be accessible by authorised officials responsible for looking after our members and will be managed in accordance with the Privacy Act.

You don't need to do anything until you receive an email from us, which will ask you to sign up for a free CareMonkey account, once you have logged in you will have access to the officials that you are responsible for. Please download the free CareMonkey App to have instant access on the day to this information.

You don't need to do anything until you receive the email requesting the information. Please feel free to contact the club if you have any questions. You can also visit the CareMonkey website for more information: [www.caremonkey.com](http://www.caremonkey.com)

We appreciate your assistance.



# Lost and Found

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A key with a garage remote and a small silver tag with a number on it was found near the netball courts. Anyone missing it, please contact Lucy Loader on 0417561830

## 500 Club

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Thanks for those who have committed to the 500 club for the 2016 season. We raised approximately \$9,000 for the club last year which is a big help for the football department. This helped fund some spin bikes for training and game day. In addition, we have provided funding for a special needs request. Hopefully everyone had a good time along the way.

At this late stage we have 55 balls in this year's club which means we will have 55 draws throughout the year. It isn't too late if you have any other potential members who wish to join, however entries will close on Friday night. We will look at having 6-7 functions throughout the year which roughly equates to one every 6 weeks. I will be in touch a month in advance to inform the group of 500 club functions. As per prior years, each draw will be worth \$250.

We have our first function this Saturday night against Redan which will commence at 6pm. There will be a roped off area to enjoy some drinks put on with nibbles at half time when our draws will be conducted.

This year each member will receive a 500 club membership card which will provide free entry to all home games and a ticket in the members draw after each home game.

It would be great to see as many faces as possible on Saturday night for the 6:30 game time start. As a reminder, you do not have to be at the function to claim your 500 club winnings.

If you would like to join please contact Brent Olszewski on 0407 569 392.

## Club Voting System

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Prior to the beginning of the season we feel that it is important that all players and families understand the way the voting system works across the club each week.

BFNL League votes are recorded by the umpires for the SENIOR sides in football in U/12, U/14 and U/16.6 and the SENIOR netball sides in U/13, U/15 and U/17. These votes are confidential and sent to the League and form the basis for the League Best & Fairest votes. These are given by the umpires on a 3, 2, 1 basis for the game and includes players from both sides.

The **Lakers Club Best and Fairest** votes are collected in different ways for different age groups, Seniors/Reserves sides and also for the netball. Below is an explanation of how our voting system works.

**Football:** Each week a nominated person is given the task of allocating votes. Some sides do this using the coaches; others seek votes from another person involved in the club. Where possible, parents of players in the side are not asked to give out votes.

- Ⓢ U12 Res: Rank players 1 to 10 (1= lowest score and 10= highest) based on their individual ability
- Ⓢ U12 Sen - Rank players 1 to 10 based on impact they individually had on the game
- Ⓢ U14 Res - Rank players 1 to 10 (1= lowest score and 10= highest) based on their individual ability
- Ⓢ U14 Sen - Rank best 5 players from 1 to 5 based on impact they individually had on the game  
5=best 4,2,3,1
- Ⓢ U16 Res - Rank players 1 to 10 (1= lowest score and 10= highest) based on their individual ability
- Ⓢ U16 Sen - Rank best 5 players from 1 to 5 based on impact they individually had on the game  
5=best 4,2,3,1

**Netball:** Each week either the coaches or a nominated person allocates votes for all age groups apart from the U/11 age groups where there is not a formal Best & Fairest vote count.

In all grades: 10 votes are shared amongst the team in any way that is appropriate to recognise the best and fairest players. The most votes that one player can receive in one game is 5 and the 10 votes can be broken up in any way, eg. 1 x 5, 2 x 2, 1 x 1 or 5 x 2 or 3 x 3, 1 x 1 etc. as long as the total votes equals 10.

**Awards** for each football and netball team are given out at the end of the game and are awarded by the coaches for players who have contributed to the game in a variety of ways. This is not always the 'best' player on the ground or court, but is the player/s that follows direction, support their team, show good sportsmanship and represent their team and the Lakers to the best of their ability. These awards are vouchers provided by a variety of sponsors and differ between age groups and from week to week.

## Canteen and BBQ

Thank you to the overwhelming response from families to volunteer to take a shift in the club canteen or the BBQ. If you haven't done so already, please contact Canteen Coordinator Jen McKechnie on 0400872758 or mail [jenmckechnie23@yahoo.com](mailto:jenmckechnie23@yahoo.com) to book your time in for your slot in the canteen and/or BBQ.

Please only call after 6.00pm or Text/Email any time

This week the following people are rostered in to work in the Canteen and on the BBQ. There are still places that need filling – if you are able to do one of these time slots, please contact Jen ASAP



ROSTER FOR THIS SUNDAY			
CANTEEN		BBQ	
8.30-10.30	Rebecca Jolly Belinda Middleton Julie Butler	8.00-10.00	Darren Lloyd Mel Lloyd
10.30-12.30	Eileen Black Fiona Chatterjee Wendy Noble Person needed	10.00-12.00	2 People needed
12.30-2.30	Tash McLachlan Mel Lloyd Jodie Bridges Wendy Carr Melissa Cassidy		
2.30-4.30	Jill James Geraldine Edwards Person needed		

There are 7 home games for the canteen and BBQ this year:

Rnd 1 v Redan Sunday 17th April

Rnd 3 v Ballarat 30th April \*Dual Gate

Rnd 4 v Darley Saturday May 7th \*Mother's Day

Rnd 5 v North Saturday May 14th \*Dual Gate

Rnd 9 v East Point Sunday June 19th

Rnd 14 v Sebastopol Sunday 31st July

Rnd 15 Sunday August 7th

Timeslots are as follows

8.30-10.30, 10.30-12.30, 12.30-2.30 , 2.30-4.30

It is expected that each family volunteer for 1 timeslot per year. If the timeslots are not filled families names will be added by the committee and families will be advised of their time and expected to fill their requirement.

## DATES TO REMEMBER

### Jumper presentations/Welcome nights:

Wednesday 13<sup>th</sup> April for U/12, U/14 football and Youth Girls at 5.30

Thursday 14<sup>th</sup> April for U/16.5 football and ALL Netball at 5.30

**Round 1** – Sunday 17<sup>th</sup> of April at home ground

**First Senior Club Game** – Saturday 16<sup>th</sup> of April at 6.30pm. Would be great to see Junior members there to support our seniors.

**Lakers Ball** – Saturday 14<sup>th</sup> May (Day of double header against North Ballarat)





# REMINDERS

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## **Footy Jumpers & Dresses**

Footy jumpers and netball dresses should only be worn at the game, and removed after you have played if boys and girls are staying at the oval/netball courts for long periods after they have played.

They are not to be worn at footy training, but the club does have old playing jumpers (smaller sizes) for sale at \$20 each if you wish to wear the clubs colours at training.

## **Tape**

Please note that the trainers will not supply boys with tape to hold down their laces during the season. If your son requires tape please ensure that you supply your own and that at the end of the game tape is disposed off in the bins rather than left on the floor.

## **Rubbish**

Please ensure that all rubbish be it in the rooms or around the grounds is disposed off in the bins rather than left on the floor or around the oval.

## **Lost property**

Please make sure that you keep items of clothing in a secure location and remember to collect your articles of clothing after you have played.

Any missing articles of clothing etc can be found in the lost and found tub located in the trailer.

## **skins**

Skins have become more popular in recent years as the boys try to emulate their favourite players. The BFNL have a policy that skins must be skin colour. Boys who wear the incorrect skins will be unable to take the field without removing the skins.

