



News from the Lakers!



NEWLETTER 7 V's REDAN

Well, we really did sample Ballarat Winter Sport on Sunday at Redan where conditions were cold, wet and super slippery. It is always a pleasure to come up against Redan who Lakers have a strong friendship with. This was highlighted with good sportsmanship across the day. Next week is the long weekend BYE – please enjoy a week off with your family and friends and we look forward to taking on Ballarat at the Western Oval the following Sunday, 16th of June. Please take note of the following information and make sure you start getting your friends organised and getting your tickets for the Comedy Night.

Tonight, Tuesday 4th of June, the club is hosting “Carmen’s Road Safety” information session for **all our U/17 and U/19 footballers and netballers** and any family members that would like to attend. Parents: PLEASE encourage your child/ren to attend this session as it is incredibly powerful and provides some really important information regarding safe driving through the eyes of an amazing man who has had his life changed twice due to road fatalities involving P platers. We hope all families make this a priority tonight as it could just save the life on one of our precious kids when they are out on the roads.

1. **Carmen’s Road Safety Presentation – TONIGHT - TUESDAY 4th JUNE** at 6pm to 7pm for ALL U/17 footballers and netballers and any parents that wish to attend.
2. **Junior Club Major Social Night – COMEDY NIGHT - SATURDAY 22ND JUNE**
3. **Player Health and Wellbeing Information** – see below.



TONIGHT: ALL U/17 FOOTBALLER AND NETBALLERS

Carmen’s Road Safety Session

When: **TONIGHT:** Tuesday 4th June - 6:00 – 7:00pm – Clubrooms

What: John’s true-life story may save your life.

Carmen’s Road Safety presentation is widely recognised as the best road safety message available to schools, clubs, and to corporate Australia Victoria is experiencing its worst year on the roads in 10 years John will share his story about family, heartbreak, love and hope.



LAKE WENDOUREE JUNIOR FOOTBALL CLUB COMEDY NIGHT



SATURDAY 22nd JUNE

**7pm for 7.30pm
START**

**MC
RUSS
WIGGINTON**



MICK NEVEN



ADAM ROZENBACHS

**BYO - Plate of nibbles
for the table**

**Lakers Club Rooms
CE Brown Reserve**

**Lakers Bar Open
Drinks at bar prices**

Cnr Norman and Dowling Street, WENDOUREE

**Tickets - \$20 per head via www.tickethost.com - "Buy Tickets"
Search: Lakers find Comedy Night and follow steps
by Wednesday 19th June OR \$30 on the door**

“Laker’s Learners”



As we are focussed this season on road safety awareness 🚗 and developing not just great footballers and netballers, but also great drivers who are SAFE, SENSIBLE and EXPERIENCED in all conditions, we ask all our families with “Lakers Learners” to commit to having them drive to and from training and games every week ✅. They’ll get some day ☀️ and night 🌙 driving and over the coming months definitely some wet weather conditions ☔. Send in some snaps 📷 of your “Lakers Learners” driving to or from training or on game day!

PLAYER HEALTH AND WELLBEING

URGENT: Medical Conditions

If your child has a medical condition (eg: asthma, epilepsy, diabetes, heart or neurological condition) or severe allergy (eg: anaphylaxis) that may require specific management, additional care or monitoring, we ask that you liaise with the first aid trainer of your child’s game to inform them of any relevant information to ensure your child’s ongoing health and safety whilst they play. We have had a number of ‘near misses’ recently where players needed specific care, but none of the first aid trainers or coaches were aware.

First Aid Coordinator – Tulsa Andrews (ph: 0400 299 882 email: t.andrews@federation.edu.au)

U9 Football – Megan Bourke & Sarah Brennan

U11 Football – Lisa Clark & Stewart Dekker

U13 Football – Jonno Evans, Paul McBratney-Owen, Julie-Ann Rossetto & Lorena Mong

U15 Football – Tulsa Andrews, Kellie Dunn, Sonia Bickley & Katrina Rees

U17 Football – Brooke Murray & Tulsa Andrews

U11 Netball – Cath Hurdsfield & Alicia Mitchell

U13 Netball – Lee Meakin & Rebecca McNeill

U15 Netball – Eileen Black & Barb Carter

U17 Netball – Jodie Valpied & Barb Carter

Concussion Management Guidelines and Process

A reminder that LWJFNC have a specific process for managing (1) suspected concussion, (2) referral and (3) returning to training/game, based on the policies outlined by the AFL and BFL. It is important that all players, parent/guardians, coaches and sports first aid trainers are aware of and adhere to the guidelines. This includes provision of evidence of medical clearances.

If you have any questions, please do not hesitate to contact Tulsa Andrews (First Aid Coordinator, ph: 0400 299 882), Brad Wootton or Cath Hurdsfield.

ROUND 7 RESULTS V'S REDAN

FOOTBALL RESULTS

U/11 Seniors

Lake Wendouree 2.2-14 defeated by Redan 5.5-35

Goal Kickers: L. Squire 2

Best Players: E. Dekker, S. Gibson, M. Kinniburgh, C. McPhan, C. Jones

U/13 Reserves

Lake Wendouree 2.3-15 defeated Redan 1.4-10

Goal Kickers: H. Jeffrey, B. Evans

Best Players: N. McDonald, D. Pritchard, J. Dean, L. Clark, T. Collier

U/13 Seniors

Lake Wendouree 2.6-18 defeated by Redan 4.3-27

Goal Kickers: A. Eichler, J. Alcock

Best Players: L. Heath, H. Mercer, N. Salter, O. Wootton, L. Broster, G. Connor

U/15 Reserves

Lake Wendouree 2.7-19 defeated by Redan 4.3-27

Goal Kickers: Z. Smith, A. Routson

Best Players: W. Clarke, J. Connor, W. Girdwood, B. Kumnick, L. Tucker

U/15 Seniors

Lake Wendouree 3.7-25 defeated by Redan 7.11-53

Goal Kickers: C. Hennig, I. Torpy, B. Tobin

Best Players: N. Shearer, J. Appleton, H. Mikus, C. Hennig, J. Bickley

U/17 Reserves

Lake Wendouree 5.4-34 defeated by Redan 17.10-112

Goal Kickers: K. Towk 2, P. Corbett, F. Loader, L. Dunne

Best Players: P. Corbett, J. Leech, L. Dunne, J. Seviar, T. Christensen, R. Rees

U/17 Seniors

Lake Wendouree 4.8-32 defeated Redan 3.11-29

Goal Kickers: C. Bath 2, B. Headon, T. Raven

Best Players: N. Steenhuis, C. James, B. Headon, C. Bath, S. Rajesh, M. Wuordol

NETBALL RESULTS

U/11 Reserves Netball

Lake Wendouree 5 defeated Redan 3

Awards: Evie Howard, Olivia Torpy, Emmy Holloway, Gabby Stanley

U/11 Senior Netball

Lake Wendouree 16 defeated by Redan 26

Awards: Ella Greene, Kate Mitchell, Eden James, Milla Moore

U/13 Reserves Netball

Lake Wendouree 5 defeated by **Redan** 19
Awards: Sienna Jeffrey, Harriet Meakin, Madeline Harrison, Imogen Forbes

U/13 Senior Netball

Lake Wendouree 15 defeated by **Redan** 28
Awards: Winnie Taylor, Abbie Cooper, Milla Quinlan, Eve Cassidy

U/15 Reserves Netball

Lake Wendouree 17 defeated by **Redan** 29
Awards: Harmonee Towk, Liv Black, Morgan James, Milla Rinaldi

U/15 Senior Netball

Lake Wendouree 42 defeated **Redan** 29
Awards: Bella Clark, Sadie Cheesman, Molly Clifton-Larkin, Macey Cheesman

U/17 Reserves Netball

Lake Wendouree 24 defeated **Redan** 19
Awards: Lily Gilbert, Juels Valpied, Lucy Carter

U/17 Senior Netball

Lake Wendouree 25 defeated by **Redan** 29
Awards: Zali Palmer, Talia Hurdsfield, Annie Bissinella

CANTEEN AND BBQ

Please find below the roster for the BBQ and Canteen for our next home game – which isn't until **Sunday, 30th of June.**

BBQ 8.00 am – 10.00 am Jayne Humphries
Paul Butler
Deeks Loader
Jimmy Loader



CANTEEN 8.30 am – 10.30 am Jen Couzins
Julie Butler
Tamara Warland

10.30 am – 12.30 am Jenni-Lee Williams
Lorena Mong
Beck Fleming
Julie Torpy

12.30 pm – 2.30 pm Eve Cassidy
Mikayla Bickley
Tanya Kinnane
Lucy Loader



2.30 – 4.30 Dympna Turner
Michelle Dean
Person needed

If you are unable to complete your shift, we ask that you please arrange a swap or replacement with someone else. If you can fill one of the highlighted spots or have any questions or problems, please call **Vicki Dekker** on: **0438 037 703**

THIS COMING WEEKEND WE HAVE A BYE

NEXT ROUND: ROUND 8 – Sunday 16th of June

V's Ballarat at Russell Square

This coming week we have the BYE for the long weekend for all age groups in netball and football, including the U/9's on Friday night. The following week we take on Ballarat at Russell Square on Sunday the 16th of June.

FOOTBALL – Reminders:

- 🕒 WHITE shorts for away game.

U/9 FOOTBALL – Reminders:

- 🕒 ROUND 9: U/9 games are played at MOUNT CLEAR on Friday night, 14TH June.
- 🕒 All wear GREEN shorts.
- 🕒 It would be great to get some of our older players and families at Lakers from 6pm Friday night from to support our Little Lakers – they'd love to see the older players cheering them on.

NETBALL –Reminders:

- 🕒 U/11's are permitted to wear a WHITE long sleeve top and BLACK skins underneath their dresses if they wish.

COMMUNICATION

It is essential that families are able to access the latest information about what is happening at the club and any changes on a regular basis. The best ways to do this are by adding our "Team App" to your smartphone, 'liking' us on Facebook and Instagram and checking our website (www.lwfc.com.au) and ensuring that we have an email address we can forward newsletters and other important information to. It is easiest to email us at lakersjuniors@hotmail.com.au or email Lucy Loader (Secretary) directly on lloader3005@outlook.com if you have questions or queries and we will respond as soon as possible, or call one of the relevant people whose contact details you will find on the webpage. If you would like your email address added to the data base to receive weekly newsletters – please email Lucy on lloader3005@outlook.com to advise. THANK YOU.

LOST PROPERTY

PLEASE, PLEASE, PLEASE ensure all your children's property is clearly named. Lost property is kept in the club trailer, so if you have something missing, please check in there.

LACHIE'S LEGACY



As previous corresponded to club members, Lakers Football/Netball Club "Lachie's Legacy" is a foundation set up following the sudden passing of local footballer Lachie Poulter. You can read more about "Lachies Legacy" on their facebook page.

Lakers Football/Netball Club have decided to donate to Lachie's Legacy in the form of old footy boots or runners that no longer fit our players. We ask that you rummage through your shoe cupboard and if you have any boots or runners (in good condition) that no longer fit or are not used we ask that you bring them along to the club and place them in the big blue tub in the Senior change rooms. Our donation as a club will hopefully provide much needed boots and runners to underprivileged families. Thank you

FOR THE CALENDAR



Please put these important dates on your calendar and in your phone.

Tuesday 4 th of June	<u>TONIGHT:</u> Carmen's road safety talk – all Under 17 football and netballers. Parents welcome. 6pm to 7pm
Saturday 22 nd of June	Junior Club <u>Major Function</u> – COMEDY NIGHT 😊
Saturday 10 th of August	Club Schnitzel night following dual gate game
Wed 17 th & Thur 18 th July	Team Photos – Age group times to be advised

REMINDERS

Footy Jumpers & Dresses

Footy jumpers and netball dresses should only be worn at the game, and removed after you have played if boys and girls are staying at the oval/netball courts for long periods after they have played.

They are not to be worn at footy training, but the club does have old playing jumpers (smaller sizes) for sale at \$20 each if you wish to wear the clubs colours at training.

Tape

Please note that the trainers will not supply boys with tape to hold down their laces during the season. If your son requires tape please ensure that you supply your own and that at the end of the game tape is disposed off in the bins rather than left on the floor.

Rubbish

Please ensure that all rubbish be it in the rooms or around the grounds is disposed off in the bins rather than left on the floor or around the oval.

Lost property

Please make sure that you keep items of clothing in a secure location and remember to collect your articles of clothing after you have played.

Any missing articles of clothing etc. can be found in the lost and found tub located in the trailer.

Skins

Skins have become more popular in recent years as the boys try to emulate their favourite players. The BFNL have a policy that skins must be skin colour. Boys who wear the incorrect skins will be unable to take the field without removing the skins.

U/11 netballers are permitted to wear black skins and white long sleeve tops under their dresses on colder days.