

Last week we were privileged to have Mick Elliott and Kellie Dunne talk to our Under 15/17 netballers and 14/16.5 footballers around issues prevalent in today's society, including drugs and the effects on the users, their families and society, sexting, respect and mental health.

Many thanks to Mick and Kellie for their insights. The girls and boys showed great respect for the guest speakers and we hope that the messages generated discussion at home around the issues raised.

The message around sexting and respect for yourself, your family and the club are important and it's worthwhile highlighting the BFL's Cybersafe Policy and Racial, Religious and Sexual Orientation Policies. Please note that these policies relate to both players and their families.

In regards to facebook, Instagram, twitter etc we also ask that when posting comments especially linking the club, that you consider the implications of what may seem an innocent comment or statement may have the club and its members. Arrogance and personal vendetta's have no place at Lakers.

Cybersafe

Cyberbullying includes, but is not limited to, the following misuses of technology: harassing, teasing, intimidating, racially vilifying or threatening another person by sending or posting inappropriate and hurtful e-mail messages, instant messages, text messages, phone messages, digital pictures or images, or Web site postings (including social network sites eg facebook or blogs) and the sending, receiving and/or possession of naked or sexually explicit images of a person. Club members must also be aware that postings from their individual accounts, whether done by themselves or another person will remain the responsibility of the account owner.

All members of the WorkSafe VCFL and individual clubs must be aware that in certain circumstances where a crime has been committed, they may also be subjected to a criminal investigation by Police over which the league and/or club will have no control. This particularly applies to 'sexting' where the image is of a person under the age of 18 years whereby Police will be informed immediately a club becomes aware of the situation.

Racial, Religious & Sexually Orientated Vilification

3.1. No person in his/her capacity as a spectator or participant in any League in the course of carrying out his/her duties or functions as or incidental to being a participant in any League shall engage in conduct that offends, humiliates, intimidates, contempts, ridicules, incites, threatens, disparages, vilifies or insults another person on the basis of that person's race, religion, sexual orientation, colour, descent or national or ethnic origin.

3.2. Serious Racial Religious & Sexually Orientated Vilification

No person in his/her capacity as a spectator or participant in any League in the course of carrying out his/her duties or functions as or incidental to being a participant in any League shall intentionally engage in conduct that he/she knows is likely to incite hatred against another person, or threaten physical harm or incite hatred in others to cause physical harm to a person or to a person's property because of that person's race, religion, sexual orientation, colour, descent or national or ethnic origin.

3.3. Racial, Religious & Sexually Orientated Discrimination

No person in his/her capacity as a spectator or participant in any League in the course of carrying out his/her duties or functions as or incidental to being a participant in the League shall engage in conduct that discriminates, directly or indirectly against another person on the basis of that person's race, religion, sexual orientation, colour, descent or national or ethnic origin.

- **3.4.** Victimisation
- **3.4.1.** No person in his/her capacity as a spectator or participant in any League in the course of carrying out his/her duties or functions as or incidental to being a participant in the League shall victimise another person.
- **3.4.2.** A person will victimise another person (the victim) if:
- (a) the person subjects or threatens to subject the victim, or a person who acts as a witness, to any detriment because the victim (or a person associated with the victim) intends to or has lodged a complaint in contravention of this Policy; or
- (b) the person assists, requests, induces, encourages or authorises another person to subject the victim, or a person who acts as a witness, to any detriment because the victim (or a person associated

** Schnitzel Night **



We had a good turn out on Saturday night for our Schnitzel Night. Many thanks to our wonderful volunteers – Dani Canny, Helen Jarred, Brenda Brennan, Maree Dodd, Kim-Mare Spratling and Lisa Todd who assisted with the cooking and clean up.

** Congraulations - AFL Goldfields **

Congratulations to the followings boys and girls selected to represent AFL Goldfields this Sunday in Geelong:-

Netball Football

Under 11's

Macey Cheeseman

Bella Clark Zarli Clark

Rosie Todd Under 13's

Cooper Bath

Under 13's Max McIntosh

Ruby Cheeseman

Zoe Cowan

Zali Palmer Under 14's
Latesha Shanks Matt McKenna
Demi Thompson Ned Nash

Charlotte Todd

Under 15's

Georgia Beare Under 15's
Alex Downey Aiden Lourey
Grace Todd Joel O'Connell

Ava Valpied

Under 17's Youth Girls

Chelsea Amarant Winona Greenhalgh
Celie Hay Jordyn Gilmer
Faith McKenzie Tylah Bruhn
Nikita Alexander

** Women in Football Luncheon **

After the success of its Women in Football Tribute Lunches in 2011 and 2013, the Ballarat Football Netball League holdings is bi-annual Women In Football Tribute Lunch to acknowledge and showcase the fantastic work that women play not only in the Ballarat FNL, but in sport in general throughout the country.

Lakers have had a strong representation at past events and we'd like to again have as many mums and coaches to join us for a fun day. Details of the day are as follows:-

Date: Friday 24th July 2015, Time: 12.30pm – 4.30pm Venue: Ballarat Leagues Club MC:- Paul "PT" Taylor (3BA radio)

Guest Speakers & Celebrity Panel:- To be announced

Tickets:- \$50 each – includes 3 course Lunch, and Champagne, Wine, Beer & Soft drinks from 12.30pm – 4.30pm

Fundraising: All funds raised from the day (via Raffle & Auctions) will be donated to the White Ribbon Foundation. First prize in this year's raffle will be a \$500 voucher from Tanya Daniels The Good Guys.

If you would like to attend, please contact Nat on 0400 681 870 to book your seat.

** 2015 Lakers 4th July Independence Day Ball **

Ok all, it's time again for our annual ball, and what a night it will be. Great entertainment provided by one of Ballarat's most popular bands, No Strings Attached.

Supper provided and we will have half price drinks from 7.30 - 8.30.

It's a great night to catch up with old & new faces and we hope to see as many supporters and parents along with our netballers & footballers.

The club has planned the date around our junior club as we don't have to get up early Sunday morning for junior football/netball so come along & let your hair down - I know a few parents who could show our young ones how to party!!

Come dressed formal, and put on a splash of red, white &/or blue!!

Tickets are \$40 and available at the door. Hope to see many of you at the Ball!

Looking for something do to on Tuesday Nights. Come along to Lakers Bingo at the clubrooms ...eyes down at 7.45pm.

A reminder that each family should have received a raffle book and we ask that each family sell one book. The books are made up of 20 tickets at \$5 each. If anyone would like to sell additional books please let us know.

This is very similar to the Rotary Raffle and each BFL club will be selling tickets, so best to get in early and sell as many as you can.

Prizes are:-

- 1st Prize Toyota Yaris valued at \$18,490 from Ballarat Toyota
- 2nd Prize \$2,000 flooring voucher form Solomon's Flooring/National Tiles Ballarat
- 3rd Prize \$1,000 gift card from Tanya Daniels The Good Guys

** TEAM APP **

Download the TEAM APP for your smartphone - when downloading be sure to choose our Lakers Juniors logo when installing. Circled here in red...



This is a quick and easy way for the club to pass on important pieces of news like changes to game times, training and social functions.



We have a new Juniors Facebook page "Lakers Juniors", so please search for "Lakers Juniors: and keep up to date with news and photos.





Lakers Ball – Saturday 4th July 2015 Last Man Standing- 2nd August 2015

PRESENTATION DATES

Under 10 Football & Under 11 Netball Presentation – Sunday 16th August Time TBC Under 16.5 Football & Under 15 & Under 17 Netball – Sunday 23rd August from 6.00pm Under 12 & 14 Football & Under 13 Netball – TBC



The club has a number of excellent sponsors, and you wish to get involved please contact Nat or Neil to discuss. Many thanks to our match day sponsors:-

- McDonalds
- Pinkys Pizza
- Ballarat Leagues Club
- Stockland Wendouree
- Red Lion
- Grill'd

We also thank PPT Financial, PPT Accounting, Western Victoria Windows, Prestige Denture Clinic, Brumbys & Clark Lift Trucks for their assistance.



Rooms

A reminder to footballers, that footy's etc are not to be taken from the rooms without permission from the coaches. Several game day balls went missing this past week due to players taking footballs without knowledge or permission and the club will now need to purchase additional equipment to replace same.

Footy Jumpers & Dresses

Footy jumpers and netball dresses should only be worn at the game, and removed after you have played if boys and girls are staying at the oval/netball courts for long periods after they have played.

They are not to be worn at footy training, but the club does have old playing jumpers (smaller sizes) for sale at \$20 each if you wish to wear the clubs colours at training.

Tape

Please note that the trainers will not supply boys with tape to hold down their laces during the season. If your son requires tape please ensure that you supply your own and that at the end of the game tape is disposed off in the bins rather than left on the floor.

Rubbish

Please ensure that all rubbish be it in the rooms or around the grounds is disposed off in the bins rather than left on the floor or around the oval.

Lost property

Please make sure that you keep items of clothing in a secure location and remember to collect your articles of clothing after you have played.

Any missing articles of clothing etc can be found in the lost and found tub located in the trailer.

Due to the level of merchandise, please ensure your sons or daughters name is noted on the article of clothing to ensure it can be returned. The club has some white markers if you require assistance.

Skins

Skins have become more popular in recent years as the boys try to emulate their favourite players. The BFL have a policy that skins must be skin colour. Boys who wear the incorrect skins will be unable to take the field without removing the skins.